

Chicken Pox and Shingles

Shingles and chickenpox are both caused by a single virus known as the Varicella-zoster virus (VZV). Chickenpox develops when exposed to the VZV virus for the first time. Shingles develops as a result of reactivation of the VZV virus later in life because the virus lays dormant in the body. Chicken pox normally develops into a rash that can consist of several hundred small, itchy, fluid-filled blisters covering red spots on the skin. The blisters often appear first on the face, torso, or scalp and then spread to other regions of the body. With shingles, a rash will normally first appear on the torso, legs, arms, face or neck and is typically confined to one side of the body. Both conditions give rise to a strong itching sensation, inflammation and in some cases very tender and painful skin.

Here at Nativis, we have developed a Gel that will rapidly calm the itching and inflammation caused by chickenpox and shingles. Scratching at chickenpox spots is one of the main causes of scars and also helps the virus to spread around the body. Itching is also common with Shingles where skin inflammation and tenderness/pain are also frequently experienced. The gel is 100% natural in composition, and contains a natural active ingredient derived from Sericin which we have called Silk Hydra-Fix©. This active ingredient will hydrate the skin and also moisturise it simultaneously. The amino acids in the active ingredient rapidly remove the itching sensation and inflammation commonly associated with chickenpox and shingles. It will also have a strong soothing and cooling effect on the skin. The gel is oil free and so will not leave an uncomfortable feel after application. Regular use of the Gel during and after chickenpox or shingles should significantly reduce the itching sensation and inflammation to reduce the risk of scarring.

Products for Chicken Pox and Shingles

Silk Hydra-Fix Moisturising Gel (200g)



Directions for Use - Hydrate and Moisturise the Skin

- 1. With clean hands, dispense the gel onto the palm of the hands and by moving the hands together spread the gel over the palms for 2-3 seconds.
- 2. Pat the Gel onto the affected area do not rub in as this may cause further irritation and pain. For those regions that are affected and not easily accessible, get help from a parent or a partner/friend. If Shingles or chickenpox is present on the scalp, gently massage the gel into the affected areas with the fingertips through the hair.
- 3. Allow the gel to absorb before putting on clothing (which should be loose fitting and made of natural fibres).
- 4. Apply regularly throughout the day and especially before sleeping to minimise discomfort. It can be applied as often as is necessary.

Price £24.00

Repeat above procedure regularly for best results. Each application should give relief from itching and inflammation for 3-4 hours, depending on the severity of the chickenpox or shingles. The gel can be applied as often as required in the daytime/night time to give relief from the itching and inflammatory effects. Continue to use the Gel as often as is required until the symptoms of chickenpox/shingles subside. Thereafter, the gel can continue to be applied by massaging into the skin which will help to restore it to its normal state through hydration and moisturisation. Reddened areas of the skin as a result of chickenpox/shingles should fade within 1-2 weeks if the gel is used continuously 2-3 times per day after the spots and blisters have subsided.